

J U N E 2 0 1 3

# Quest News

## Warm Welcomes!

The Quest management team has two new members they would like to welcome: Courtney Devins (Office Administrator) and Erin Hensel (Supervisor CS/OR). Courtney is a part time student at Lethbridge College studying Environmental Science and majoring in Environmental Reclamation. Courtney enjoys being outside and playing with her daughter in her spare time. Erin has come to us from another agency where she spent seven years working within childrens programs and has wealth of knowledge in the area of childrens programming, the funding bodies, and summer programming. Erin also has over ten years experience working in the disability services field. Both ladies are excited to for this new job challenge and encourage everyone to stop in and say hello to them. Welcome to the team ladies!



## It's that time of year again! Time for the Children's Summer Program!

Summer program will be starting on July 2<sup>nd</sup> and will be running a full 9 weeks until August 30. If you have any unused craft supplies and would like to donate them to the kids at the summer program, please contact Erin at the office. Also, kids in the summer program will be participating in work experience so if you have any odd jobs that need to be done around your house during July or August, please let Erin know.

## Upcoming Training Dates

### Crisis Prevention Intervention (CPI)

Refresher Course: Full Course:  
July 4 17:00-21:00 July 6 9:00-16:00

### Lift, Transferring & Wheelchair Safety

June 4 13:00-16:00

### Abuse Protocol

June 26 13:00-16:00  
July 10 17:30-20:30

### Medication Administration

June 4 16:30-19:30

# Open Shifts

Apply for open shifts by submitting a  
contact note to the ERC!



## Male Positions

H17 Mon-Fri 15:30-22:00 \*CPI  
H23 1 Wknd Live in Per Month 23:00 Fri – 23:00 Sun \*CPI  
H28 1 Wknd Live in Per Month 23:00 Fri-23:00 Sun \*CPI  
H29 Mon-Fri 17:00-23:00 \*CPI  
H29 E/O Wknd Supports Sat & Sun 11:00 – 23:00 \*CPI  
H37 E/O Wknd Supports Sat & Sun 12:00 – 16:00 \*CPI  
Outreach E/O Supports Sat & Sun 14:00 – 17:00 \*CPI and  
First Aid



## Female Positions

H03 Mon-Fri 16:00-22:00 \*First Aid  
H05 E/O Wknd Live In 23:00 Fri – 23:00 Sun \* First Aid  
H05 Mon-Fri 16:00-23:00 \* First Aid  
H18 E/O Wknd Half Live In 20:45 Sat – 21:00 Sun \*CPI

## Team Leader Positions

**\*All Team Leader Positions Require a Vehicle and a completed file.**

Female: H25 Mon-Fri 15:00-23:00

Male: H17 Mon-Fri 15:30-23:00

Male: H09 Sun 17:00 – 22:00 Mon-Thurs 16:00-22:00

M or F: H14 Mon-Fri 15:30-23:00

M or F: H02 Mon-Fri 7:00 – 15:00

## Important Dates from the CAP/OR Calendar:

Monday June 3 – Employment Class 13:00  
Wednesday June 5 – OR Weiner Roast 16:30 IB Park  
Monday June 10 – Employment Class 13:00  
Wednesday June 12 – OR Swim Night 18:30 SS Pool  
Friday June 14 – National Yellow Fish Road Day 13:00  
Monday June 17 – Employment Class 13:00

Wednesday June 19 – OR Karaoke Night 19:00  
Monday June 24 – Employment Class 13:00  
Wednesday June 26 – OR Frisbee Golf 18:30 N.S. Park

## CPI Meeting Updates

You may have noticed recently that there has been some additional emphasis on the CPI personal safety techniques in the meetings you attend. With the extension in certification (18 months rather than 1 year) it's important that the skills we learn in CPI are not lost between classes. During each meeting (Residential, Community Access, etc.) the person leading the meeting should be guiding you through the steps of a different CPI technique each month. This is a great time and place to practice these skills and ask questions about CPI.

The supervisors are not CPI instructors, so they may not be able to answer all of your questions. If there is a particular question that your supervisor is unable to answer, or a technique that you think would benefit you and your coworkers in the setting where you work, feel free to contact Matt Olson. If given enough notice he would be happy to attend your meeting and provide some additional training or answer questions about concerns that your team is having. Remember the philosophy of CPI is "Care, Welfare, Safety and Security". Keeping your intervention skills sharp will help us all achieve that goal.

## Department Goals



At Quest, we are dedicated to making the company an enjoyable place to work and support individuals. Each department has come up with a goal(s) to help ensure our staff and individuals are in a safe and content workplace environment.

### Community Access Program:

1. To focus on employment training strategies
2. To seek out employment opportunities for individuals

### Supported Home:

1. To maintain and expand natural connections

### Outreach:

1. To access community resources and programs

### Behaviour Management:

1. To improve staff awareness of Planned Positive/Restrictive Procedures
2. To train 30% of staff in Positive Behaviour Supports (PBS)

### Maintenance:

1. To comply with Safety Standards
2. To maintain a safe living environment for all individuals supported through Quest.

### Residential Program:

1. Promote Healthy lifestyles

### Employee Resource Centre:

1. To reduce paycheque corrections
2. To reduce staff turnover
3. To improve follow up with staff after training and orientations



The Yellow Fish Road program is a storm water pollution prevention program with one simple message, that anything entering the storm drain flows directly to the local water body untreated. Program participants paint yellow fish next to storm drains and distribute fish-shaped brochures, so that residents know that only rainwater goes down the storm drain.

In most cities, water from storm drains connects directly to the local water body untreated. In Lethbridge everything flows downhill to the Oldman River. So anything that runs off our lawns, driveways, sidewalks and roads can end up in the local water body, like litter, salt, soap, pesticide, herbicide and fertilizer. These wastes and chemicals can have a negative impact on the aquatic ecosystem, not only by harming fish and wildlife, but reducing drinking water quality for humans.

People often do not realize that storm drains flow untreated to the local water body, not to the wastewater treatment plant. One third of all Canadians do not know that simple activities such as washing your car in the driveway allows soap to enter the storm drains causing harm or death to aquatic life.

June 14<sup>th</sup> is Yellow Fish Road Day. The Quest CAP program will be participating for a second straight year by walking around our community and painting yellow fish next to storm sewers. Everyone is welcome to join us! We will meet at the CAP program at 1:00 pm. Contact Kevin for more information.



## Staff Anniversaries

The following staff will celebrate staff anniversaries between March – May.  
Congratulations!

Thank you for all you do for Quest and the Individuals we support!!

Linda Stevenson - 13 years  
Manon Vander Heyden - 13 years  
Brandon Fletcher - 13 years  
Dale Holtman - 12 years  
Luke Rempel - 10 years  
Alnoor Meherally - 10 years  
Darla Mohan - 10 years  
Yvonne Lubeck - 6 years  
Sean Egeland - 5 years  
Debra Cahoon - 5 years  
Mainul Bhuiyan - 5 years  
Steven Layton - 5 years  
Kevin Chubb - 5 years  
Sharde Davies - 4 years  
Raj Thapa - 3 years  
Alex Williams - 3 years  
Carl Ibboston - 3 years  
Shane Horton - 3 years  
Will Kellett - 3 years

Stuart Mueller - 2 years  
Matthew Nalder - 2 years  
Heather Just - 2 years  
Jacinda Taylor - 2 years  
Erika Kirsch - 2 years  
Sarah Carson - 2 years  
Kendal Tremblay - 2 years  
Tammy Reum - 2 years  
Alyssa Dyck - 2 years  
Carolyn Kicey - 2 years  
Noella Denette - 2 years  
Alicia Young - 2 years  
Raul Romero - 2 years  
Tammy Bisgaard - 2 years  
Lydean Tedesco - 1 year  
Anita Janzen Ofner - 1 year  
Tomie Ashe - 1 year  
Mike Johansson - 1 year

Keith Carroll - 1 year  
Elizabeth Cheruiyot - 1 year  
Craig Rumano - 1 year  
Brittany Salmon - 1 year  
Dallin Schmidt - 1 year  
Ryan Sommer - 1 year  
Ryan Watson - 1 year  
Daniel McLean - 1 year  
Nicole Iwaasa - 1 year  
Tom Virag - 1 year  
Kendra Sala - 1 year  
Deanna Glenn - 1 year

# Happy Anniversary

This month CAP held a Team Building Extravaganza for the Individuals that attend the program! This day was a great success with loads of fun games, puzzles, and prizes to be won! Everyone seemed to have a great time and partook in the hotdog lunch that was provided. Thanks to all Individuals who attend CAP and who participated in this fun and exciting day!



## Healthy Lifestyles Corner: Summer Smoothie Recipe

2 cups frozen strawberries  
2 bananas  
1 ½ cups Silk Pure Almond Milk  
1 cup orange juice  
1-2 tablespoons honey



Combine all ingredients into a blender, and blend until smooth! Enjoy!

