

# Quest News



## PENNY CARNIVAL

On Friday May 25, 2012 Quest Community Access Program held a fantastic Penny Carnival. Both individuals and staff assisted in the assembly, decoration, and execution of this glorious event, and it was an unparalleled success! There were races, relays and carnival games. A wonderful time was had by all. Special thanks goes out to all the staff who volunteered to decorate and run the carnival! Additional thanks goes to **Mr. Stuart Mueller**, who took incredible photographs of the day's festivities, including the one you see above! This photo of **Mr. Allan Jarvis** shows what a great time he had. And when he heard he was going to be in the newsletter he wanted to contribute a bit about himself to share with all of you:

*"Hi, My name is Allan Jarvis. I like to work at the day program where I dust and recycle paper in the main office. I also like to work at my residential home where I dust and do my laundry!"*

The Penny Carnival was facilitated by the Voices Self-Advocacy Program, and all proceeds have gone towards the CAP Activity Fund.

### CPI Training

June 21<sup>st</sup> 9am-12pm Recert

June 21<sup>st</sup> 1pm-4pm Recert

June 23<sup>rd</sup> 9am-4pm Full Course

*Community Access Program*

### Abuse Prevention

June 20<sup>th</sup> 1pm-4pm

*Community Access Program*

### Medication Admin

June 5<sup>th</sup> 5pm-8pm

*Community Access Program*

\* No wage increase without!! \*

Next course September 2012

## FASD Community

[www.fasdcommunity.ca](http://www.fasdcommunity.ca)

This website is an online community for FASD. Here you can share stories, get information, find out about seminars, and speak with others.

## Attention: All Quest Employees

Please refer to policy "Payroll GE-10" as it has been revised. The changes include both the increase in the starting wage in addition to details of how **not meeting employee file requirements will be reflected in a reduction in employees' hourly wage**. This policy, in regards to the wage reduction, will begin to be implemented September 1, 2012.



## Shout Outs

Congratulations to the following people for long service volunteering at Lethbridge Regional Hosp.:

**Cindy Reynolds** 10 years

**Wendy Beringer** 5 years

**Angela Brann** 1 year



## Employee Resource Centre

There is quite a bit of staff movement happening in management these days! Here's a brief update on our exciting changes:

We're happy to welcome Jeff Hansen to our team. He will be joining us in the role of Associate Director of Residential Services. Jeff comes to us with a wealth of knowledge and experience from a variety of community agencies as well as within the justice system. If you happen to see a new face strolling about upstairs – that's Jeff!

Welcome also to Tamas Virag, who is joining our team as Site Supervisor. Tamas will be assisting Lennox and the residential staff to better ensure safe facilities and homes.

We are sad to say farewell to two valued members of the management team: Jill Manning and Katelynn Bates. Both Jill and Katelynn are moving out of the Lethbridge area to new experiences and opportunities. We wish them all the best and feel very fortunate to have had their support for the past few years. Good Luck!

## Opportunities Available

### TL Opportunities

*Female Only*

House 03 M-F 8:00-16:00

House 05 Weekend Live Ins

House 05 M-F 16:00-23:00

House 07 Weekend Live Ins

House 08 M-F 16:00-22:00

House 07 Weekend Supports

House 10 M-F 16:00-22:00

House 15 Weekend Live Ins

House 14 M-F 15:30-23:00

House 15 M-F 16:00-23:00

House 16 M-F 8:00-16:00

House 26 Weekend Supports

House 20 M-F 16:00-22:00

*Male Only*

House 22 M-F 16:00-22:00

House 04 M & W Overnights

### Perm. Res. Shifts Available

*Male or Female*

House 20 EOW Live In

House 02 EOW Supports

House 37 EOW Supports

House 03 EOW 12 hr Days

House 13 1 live in weekend per month

House 14 EOW Supports

House 21 Weekend Supports

House 24 Weekend Supports



## Keeping up with Yard Work



With all this rain lately, our lawns and weeds seem to be growing at record pace! A reminder to Individuals and Staff that yard work needs to be added to the weekly 'to-do' list during the months of May-October. All houses should be equipped with mowers, rakes, hoses and sprinklers. If you are missing something, please inform your Supervisor or Team Leader right away! A schedule should be developed in each home to ensure

that lawns are cut weekly. In addition, everyone should ensure that weeds are picked, edges trimmed, and clippings raked. Just like any project, if everyone does their part and does it weekly, maintaining an appealing yard should not get in the way of everyday life!

## Quest On Call Services

The ERC would like to take this opportunity to discuss the role that on call plays within our agency. As Quest operates on a 24 hour a day basis, it is important to us to ensure that you, as staff, feel comfortable and confident in the settings you are working in. Quest has an on call service available to all staff when management is unavailable to assist in emergency situations. Please keep in mind what constitutes an emergency when accessing our on call service.

Some examples of when to contact on call are:

- Authorizing PRN's
- Medical emergencies
- Assisting with behavior management
- Staffing emergencies



Some examples of non-emergency situations are:

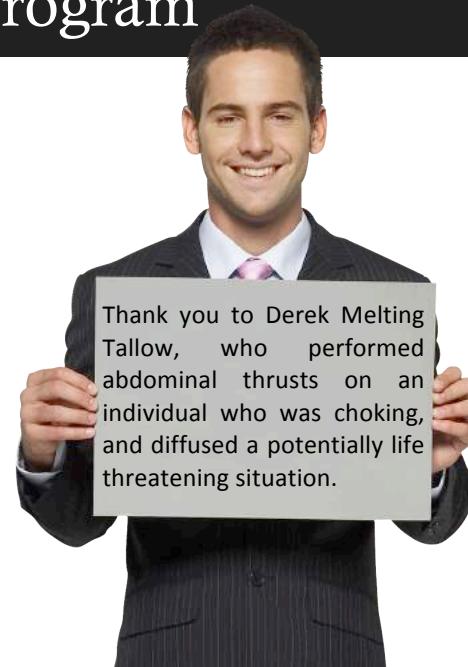
- Curious of who the next staff coming on is
- Wondering what time you are off or what time you start work tomorrow
- Wondering when pay day is
- Allowing individuals to contact on call for illegitimate reasons
- Inquiring about activities or plans in the location that you are working

Please help us in ensuring that our on call system is not bogged down with calls that do not require immediate attention. Should you have any questions pertaining to day-to-day activities of yourself as staff or of the individuals you are supporting, please ensure to ask the appropriate management person prior to the office closure. All phone calls regarding weekend hours, shifts & locations should be resolved Friday by 4pm.

# Community Access Program

## Community Access June Events!

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Check out all the event details on our new Activity Board in the Day Program!!</b>				1 GYRO & N S SPRAY PARKS ARE OPEN ADOPT A PARK CHINOOK PARK
4	5	6	7	8 IACC BUST INTO SUMMER SOCIAL @ RIVER OF LIFE CHURCH 1300 ADOPT A PARK CHINOOK PARK
JAM SESSION Computer Maintenance: Ursula's Pod Self Advocacy BBQ Fundraiser 11-1400 SWIMMING 1300 WALKING CLUB 1300	CRAFTS: SCIENCE EXPERIMENT DAY!! 1015-1115 Self Advocacy BBQ Fundraiser 11-1400 SWIMMING 1300 Walking Club 1300	ADOPT A PARK CHINOOK PARK MUSIC CLASS 1315 SWIMMING 1300	SWIMMING 1300 OPOKAASIN 1:00-230 HOLIDAY BOWL 1330	
11	12	13	14	15 ADOPT A PARK CHINOOK PARK YELLOW FISH ROAD SPEAKER FROM THE CITY 1300 YELLOW FISH ROAD PAINTING PARTY! 1345
JAM SESSION Computer Maintenance: Stu's Pod SWIMMING 1300	CRAFTS: Hanging Japanese Fish SWIMMING 1300 WALKING CLUB 1300	ADOPT A PARK CHINOOK PARK MUSIC CLASS 1315 SWIMMING 1300	SWIMMING 1300	
18	19	20	21	22 ADOPT A PARK CHINOOK Citizen Walk About 1030 @ Galt Gardens HOLIDAY BOWL 1330 CAP Birthday Cake 1230 ABORIGINAL AWARENESS WEEK
JAM SESSION Computer Maintenance: Annes Pod PRIDE MOVIEDAY1300 Swimming 1300 ABORIGINAL AWARENESS WEEK	CRAFTS: Coffee Filter Flowers SWIMMING 1300 Walking Club 1300	ADOPT A PARK CHINOOK SWIMMING 1300 Music Class 1315	Titans Movie Day SWIMMING 1300 Opokasin Aboriginal Awareness Day 1:00-230 @ Galt Gardens ABORIGINAL AWARENESS WEEK	
25	26	27	28	29 ADOPT A PARK CHINOOK CAP SCAVENGER HUNT @ HENDERSON PARK 1300
JAM SESSION Computer Maintenance: Deb's Pod SWIMMING 1300	CRAFTS: Don't Bug Me Door Hangers SWIMMING 1300 WALKING CLUB 1300	ADOPT A PARK CHINOOK LAST MUSIC CLASS FOR SUMMER 1315 SWIMMING 1300	SWIMMING 1300 HENDERSON POOL OPENS!!!!	



**Volunteer Opportunity!** If you are looking for a great way to spend your free time, please consider helping to set up the **Relay of Life** on June 8<sup>th</sup>, 2012 from 8:30-12:30 or 12:30-14:30. See Mr. Kevin Chubb for more information!

## Outreach

### Outreach Activity Calendar for June

**June 6 – Swimming!** Meet at Stan Siwik at 6:30pm. Passes for all!

**June 13 – Walk!** Meet at Henderson Lake Pool Parking Lot at 7:00pm.

**June 20 – Karaoke!** Meet at Day Program at 7:00pm!

**June 27 – Walk!** Meet at Nicolas Sheran Park at 6:45pm. We'll bring Frisbees for Frisbee Golf too!

### A New Outreach Addition



Chris Campbell is 28 and going into his 4<sup>th</sup> semester of a B.Sc in exercise science with a minor in philosophy. He was born and raised in Lethbridge. He has experience working for not for profits, and he likes to spend his free time studying boxing and guitar. He also loves fishing!



The “last resort” is a phrase we use in CPI to describe when we should use physical interventions to control an individual’s physically acting out behavior. The “last resort” is the point at which the individual becomes a danger to themselves or someone else. However, there may be times when other strategies, such as continuing verbal interventions, removing dangerous objects, using Personal Safety Techniques (obtained in CPI training), and calling for further assistance would precede and possibly prevent the need for physical interventions. If you’re in a situation where you feel that you need to restrain an individual, ask yourself, does the danger presented by the acting-out person outweigh the risk of physical intervention? Using physical interventions should be reserved for times when the individual becomes a danger to themselves or someone else, AND the risk of allowing the individual to continue acting out is greater than the risk of restraint.